

Activities and Events

Our 'Activities and Events' committee was successful to schedule three different speakers to cover various health conditions that seniors need to be informed to improve their daily life conditions.

This full day event is broken down into three separate sessions. Members are invited to attend one or more sessions scheduled at the following location:

Manitoba Eastern Star Chalet
525 Cathcart Street, Winnipeg MB

Date: October 23, 2018

Agenda

9:30 a.m. to 10:30 a.m.: Dr Sujeet Gupta, president of the Manitoba Podiatry Association and Dr Amar Gupta, acting chair for the College of Podiatrists of Manitoba will present on:

- What is podiatry
- Risk factors /co-morbidities for an aging foot
- Identify signs of an aging foot
- Manage and treat an aging foot
- Preventative strategies
- Opportunities and challenges
- Case study.

10:30 a.m. to 10:45 a.m.: Health Break

10:45 a.m. to noon: Presentation by Denise Widmeyer of the Manitoba Institute for Patient Safety.

- Introduction to the Manitoba Institute for Patient Safety (MIPS)
- Patient Safety- what is the issue and why should we care
- How the public can manage effectively in the healthcare system to endure a safe "journey"
- Introduction to MIPS resources that help the public become more engaged in their healthcare

Noon to 1 p.m.: Lunch

1:30 p.m. to 2:30 p.m.: Mark Dubois of HearingLife Canada will present on:

- How we hear, (1 in 2 over the age of 60 have hearing loss)
- The types of hearing loss
- The National Campaign for Better -Hearing and how you can help

We hope you will be able to join us! Please contact Dorothy Watermulder **by October 15** by phone at 204-989-2061 or by email at nafrwpg@mymts.net to register.

Please let us know if you will be attending both sessions and the lunch or if you will just be attending one of the sessions.