











Members Discounts

❖ *With proof of membership in the National Association of Federal Retirees, Outaouais Branch*

Company	Contact	Discount
Food		
Pastina 	355, boulevard Gréber Gatineau (Québec) J8T 6H8 819-243-0546 www.pastina.ca	With the Freebees card, 6% will be added to your account for any purchase amount. To get your Freebees card, please visit: Freebees (freebeespoints.com)
Lodging		
Hôtel Château Logue 	12, rue Comeau Maniwaki, Québec 1-877-474-4848 819-449-4848	10% off the posted room rate. For more details or information, visit https://www.chateaulogue.com/index.php/en/
Groupe Katasa et Développement 1. Le District Aylmer 2. Village Riviera (Gatineau) 3. Le Manoir Pierrefonds (Montréal)   	69 Rue Jean-Proulx, Suite 301, Gatineau, QC, J8Z 1W2 Contact: Tina Pettinicchi 514 293-8205 (Direct Line) tina@ledistrictaylmer.com	Offers rental units to members of the National Association of Federal Retirees with the following incentives: * 5 stainless steel appliances included; * The first month's rent free for a rental agreement of 12 months or more. In addition, upon signing a lease of 12 months or more, choose between <ul style="list-style-type: none"> Reimbursement up to a maximum of \$1,000 for moving expenses OR 1 year of free indoor parking, a value of \$1,500. For more information, please visit https://ledistrictaylmer.com/?lang=en

Recreation		
Académie des Retraités de l'Outaouais (French only)  <i>Académie des retraités de l'Outaouais (ARO)</i>	331, boulevard Cité-des-Jeunes Gatineau 819-776-5052	<ul style="list-style-type: none"> - Walking Club (free) - Conferences (free or same rate as ARO members) - Viactive (free) - Other activities at the same rate as members of the ARO <p>For a timetable and list of activities offered, visit www.aro.retraiteaction.ca</p>
Senators hockey club 	1000 Palladium Drive Ottawa, ON, Canada K2V 1A5 613-599-0300 1-800-444-7367	15% discount on tickets for the rest of season 22-23 Additional benefits, including priority over suite rentals and group outings. https://www.nhl.com/senators https://www.nhl.com/senators/tickets
Personal Care and Wellness		
AMERISPA 	100, boulevard de la Marine, Bureau 2A Varennes (Québec) J3X 2B1 450-985-8585 x 1013	A fifteen percent discount (15%) off listed services or packages A twenty percent discount (20%)* on one-day access to the thermal experience at the following Nordic spas: Amerispa Spa Nordique Morin-Heights (Laurentians) Amerispa Spa Nordique Cantley (Outaouais). * The rental of a towel, bathrobe, sandals, and locker is included. Restrictions: Sunday to Thursday everywhere in Québec For more details visit https://www.amerispa.ca/en/
Énergie Vie, Linda Côté, naturothérapeute 	111-331, boulevard de la Cité-des-jeunes Gatineau (Québec) J8Y 6T3	20% off posted rates, tax included, - \$60 for a 1-hour session - \$75\$ for a 90-minute Session For more details about our services, please visit: www.energievie.ca
Signature Melisa Parenteau (French only) SPA Urbain 	2-746, avenue de Buckingham Gatineau, Qc. J8L 2H8 819 281-1119	10% off all services. For more information on our services and packages, visit: www.signaturemelisaparenteau.com

Services		
Fleurs de Guy (French only) 	746, avenue de Buckingham, Unité 3 Gatineau (Québec) J8L 2H8 (819) 986-8293	10 % off flowers, gifts, and decorations, at any time. To see our range of services, and consult our floral arrangements, visit www.fleurdeguy.com
Maison funéraire Racine, Robert & Gauthier Beauchamp – Dignité 	271, boulevard St-Joseph Gatineau (Québec) J8Y 3Y1 819-770-1300	10 % off the goods and services at our Gatineau location. We invite you to visit our website at: https://www.dignitymemorial.com/en-ca
Neolegal Inc 	420 Notre-Dame Ouest Suite 601 Montréal (Québec) H2Y 1V3 1-855-996-9695	10% off legal services offered on our web site. For more information about our services and how we could assist you, please visit: https://www.neolegal.ca/en
Noel et Associés 	Me Pierre Landry 111, rue Champlain Gatineau, QC J8X 3R1	20% off the published hourly fees. For more information about our rates and how we can assist you, please contact: P.landry@noelassociés.com

Members are advised, that while the Association recognizes the value the preferred partner offers members, the Association does not represent that a particular good or service necessarily meets a particular member's needs. Members must exercise their own due diligence and make their own determination whether the good or service is appropriate for them.