



National Association
of Federal Retirees

Association nationale
des retraités fédéraux

FRASER VALLEY WEST

BC 04
Branch Update (#1)
January 2026

Happy New Year

As we peer into the New Year with trepidation, let's pause for one more moment to reflect on the

successes of 2025 (see the long list in the December 'update'), and in particular, the Christmas meeting on December 8th at Morgan Creek Golf Course. The venue was great, the buffet was great, the president's and directors' reports were riveting, the door prizes were plentiful and the entertainer—Alyssa Nielsen—was superlative. There

If this photo alarms you, note that nominations are now open for all board positions (Branch Annual Meeting on March 11th)

was music. There was dancing. There was laughter. We had as much fun as likely is possible after lunch in a roomful of witnesses. See pics. 'Thank you!' to all the board members and volunteers who made this such a blast, relatively speaking.

Now. Onward.

Wishing you all the best, *Ian Spence*

Photos: Top—ABBA? At Christmas?? Why???

Below: Tondevolds waltzing

Alyssa with The Police.

Door prize admin: Judy, Sharon and Ilene



NOTICE**BRANCH ANNUAL MEETING****Wednesday, March 11th, 2026****Langley Senior Resources Centre
20605 51B Avenue, Langley BC****Meeting 11:30 a.m. (doors open at 11:00 a.m.)****To conduct the Mandatory Business of the Branch:**

- a) Approve the minutes of the 2025 Branch Annual Meeting;
- b) Receive the President's report;
- c) Receive the reviewed financial records for 2025;
- d) Receive the budget for the 2026 and financial forecast;
- e) Give the Board of Directors the authority to appoint a financial reviewer for 2026;
- f) Consider any proposals for amendment of the Branch bylaws (none this year);
- g) Conduct elections for the Branch board;
- h) Conduct other such business as may be properly brought before the meeting.

Buffet luncheon at 12:30—cost \$25.00 per person**RSVP required. Register by email: nafrbc04@gmail.com****Pay by e-transfer to nafrbc04@gmail.com or
by cash or cheque at the door (sorry, no debit or credit cards).**

Do you have a friend who is eligible to become a member?
Now is the time to bring that lucky person along!**

****Who is eligible?**
Canadian Armed Forces and RCMP Members and Veterans, Federal Public Servants and their spouses, partners or survivors - anyone who receives or pays into a federal superannuation pension.
You do not have to be retired to be a member of Federal Retirees!

Two more from December 8th

1. Marilyn, Alyssa, Sharon. (Alyssa is the one in the sparkly heels)
2. Eric and Pat rocking adjacent to the Christmas tree.

**Java with Judy and Sharon, Wednesday, February 4th****Special presentation: Introducing... the '*IRIS Advantage*'**

By Al Zylstra,
Sales and Support Manager for the IRIS Advantage Program in Western BC.

A Federal Retirees' 'preferred partner', IRIS visionwear has 150+ locations across Canada. Per the Federal Retirees' website: 'IRIS offers are combinable with your extended vision cover, and we will direct bill to your insurance where allowed. You can use the offers as often as you wish throughout the year and always enjoy great IRIS benefits like our *No Matter What* guarantee, interest-free financing and much more.'

When? **Wednesday, February 4th, 1-3 p.m.**
Where? **CENTRE FOR ACTIVE LIVING**
 1475 Anderson Street, White Rock
(Next to the Centennial Arena)
Note: All day parking is \$2.50.

RSVP (please) by February 1st,
 To judy@crescendooperatic.org
 Or call Ian at (604) 753-7845
 (so we can be sure to have enough cookies!)

