

National Association of Federal Retirees
Cornwall and District Branch

MAY 2024
NATIONAL CAREGIVER MONTH

Caregivers play an important and pivotal role in our health care system. Typically, they are engaged in providing one or more of the following services to someone in need:

- personal care,
- scheduling and or attending appointments,
- transportation,
- assisting with medical treatment,
- preparing meals,
- home and or outdoor maintenance,
- emotional support.

If you are a caregiver, CONGRATULATIONS. You deserve to be recognized.

Your Association acknowledges and supports the role of caregivers. As such and as an integral part of its National Seniors Strategy, the Association is advocating for:

- a refundable tax credit,
- more accessible tools to support volunteers,
- training opportunities for volunteers,
- promotion of the importance of the volunteer role.

When communicating with federal and provincial government decision-makers or influencers at all levels, please be aware that your Association includes the above in its outreach content. The expectation is that we will leave an impact and that change will occur over time.

For more information on caregiving, please visit our website by logging into your member account on the National Association website, selecting the *Branches* tab, then the *Ontario* tab, followed by the *Cornwall and District* tab, and finally the *Senior Supports* option.

You are encouraged to provide some kudos to others you may know who provide caregiving support, and to also tell them the Association supports them as noted above.

Thank you.

Your Board of Directors