

BC 04  
Branch Update (#10)  
December 2022



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"Hurry!"



## NOTICE

### General Meeting and Christmas Luncheon

**Thursday, December 8th, 2022**

**Newlands Golf & Country Club**

**21025 48<sup>th</sup> Avenue, Langley, BC V3A 3M3**

**Doors open at 11:00 a.m. Meeting 11:30**

**Tickets: \$30 for lunch**

**Please mark your calendars, plan to attend and bring a friend!**

**Know someone who is eligible to join Federal Retirees? \*\***

**Bring that lucky person along!**

**Registration by Eventbrite by November 30<sup>th</sup>, please! Here is the link:**

[Christmas Buffet and General Meeting Tickets, Thu, 8 Dec 2022 at 11:00 AM | Eventbrite](#)

**\*\*Who is eligible? Canadian Armed Forces and RCMP Veterans, Federal Public Servants and their spouses, partners or survivors - anyone who receives or contributes to a federal super-annuation pension. You do not have to be retired to be a member of Federal Retirees!**

## Guest speaker! Rowena Rizzotti Legion Veterans Village

At this year's Christmas meeting, we are honoured to have a special guest.

Rowena Rizzotti's 35 years of health-care leadership include serving as COO of B.C.'s Northern Health Authority, co-founding Surrey's Health and Technology District and co-founding the first Legion Veterans Village in B.C. Ms. Rizzotti sits on the Conference Board of Canada's Council for Innovation and Commercialization and was Surrey's Business Woman of the Year in 2018.

The Legion Veterans Village (LVV) project is Canada's first-of-its-kind, integrated centre of excellence for veterans & first responders focusing on post-traumatic stress disorder (PTSD) and mental health as well as mixed medical and rehabilitative services. Led by the BC/Yukon Command of the Royal Canadian Legion, together with Whalley Legion Branch 229 and Lark Group in Surrey B.C., this unique \$312- million, two-phase, multi-purpose project is envisioned to be the first of many such projects across Canada. The Legion Veterans Village is an innovative Canadian project intended to change the current continuum care for veterans, first responders and citizens in the communities it serves.



**November 11th**

Branch volunteers were honoured to place wreaths on behalf of Federal Retirees at Remembrance Day ceremonies in White Rock (Verda Tondevold), Crescent Beach (Ian Spence), Cloverdale (Steve Sawchuk), Aldergrove (Ilene Fika).

**Reach 338—Meeting with MP**

Branch volunteers met with MP Kerry-Lynne Findlay (South Surrey White Rock) on November 10th as part the 'Reach 338' strategy, to keep Federal Retirees' priorities on the minds of our federal representatives.

L to R: K-L Findlay, Ian Spence, Leslie Gaudette, Verda Tondevold, Rod Tondevold



**Meet and chat - November 16th**

This happy group spent a lively couple of hours swapping stories gleaned from their years of service with the RCMP and federal government. The 'meet and chat' coffee meeting was held on November 16th at the Centre for Active Living in White Rock, a new venue for us. L to R: Karin Christiansen, Sten Christiansen, Eric Ross, Adrian Picard, Johanna Picard, Joan Babb, Ray Cyr and Laurie Ewing. We aim to have more of these informal events in the New Year. Aim to join us!

Hope you caught it! November 9th.

A great on-line panel discussion on **Veteran Identities** featured four incredibly articulate veterans. Hosted by Walrus magazine, sponsored by Federal Retirees.

You can find the recording on-line at <https://thewalrus.ca/the-walrus-talks/>



**Keep in touch!**

**Call Steve—(604) 574-2929 to update your membership info**  
**Contact Rocky if you have questions about your pension or benefits.**

President	<b>Ian Spence</b>	(604)753-7845
Vice President	<b>Katherine Kettler</b>	(778) 995-6136
Secretary	<b>Thelma Graham</b>	
Treasurer	<b>Stuart Wilson</b>	

Health & Benefits Glen (**Rocky**) Rockwell grockwell@shaw.ca

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Director Membership Marketing **Joy Hennen**

Director Volunteer Engagement **Bernd Hirsekorn**

Director **Sharon Riches**

Director **Ilene Fika**

Director **Judy McLellan**

Director **Greta Rickenbacher**

**email: [nafabc04@gmail.com](mailto:nafabc04@gmail.com)**

**Mark your calendars!**

**Branch Annual Meeting**

...and elections, with volunteer opportunities galore!

**March 16th, 2023, 11:30 a.m.**

**Newlands Golf & Country Club, Langley**

**With Special Entertainment!!!**

**To celebrate Federal Retirees'**

**Sixty Years of Service.**

**Remember 1963? (Me, neither)**

**Details to be revealed. Stay tuned!**

