

BC 04
Branch Update (#2)
February 2021



Hello, fellow BC 04 Branch members.

NOTICE OF MEETING

The Branch Annual Meeting will be held via Zoom on March 24, 2021 at 11 a.m.

To register and receive an invitation to this meeting, please email Ian at president@nafrfraservalleywest.ca

To make it somewhat easier for branches to hold their Annual meetings and conduct the necessary business of the Branch on-line, the National Board of Directors at their October 14, 2020 meeting, approved provisions concerning quorum and what shall be considered sufficient notice of the meeting.

In accordance with the decision of the National Board, the quorum (minimum number of members in attendance) for this Branch Annual meeting shall be $1/2$ the quorum stated in the Branch by-laws + 1 (i.e. $35/2 + 1 = 19$), and it shall be sufficient for the Branch to give notice of the meeting by electronic means (email) and by posting the notice on the Branch website, at least 30 days in advance of the meeting.

Please plan to attend and please consider stepping forward to serve as a member of the board. **To place a name in nomination, contact Bernd Hirsekorn, who is serving as Chair of the Nominations Committee, at bh45jh@shaw.ca**

What goes on at those meetings, anyway...?
Important stuff!

By-laws 8.1.2 Agenda, Mandatory Business

At every Branch Annual Meeting, the Members assembled shall:

- a) Approve a record of proceedings of the last Branch Annual Meeting and any Special Branch Meetings;
- b) Receive a report from the President concerning the activities of the Branch board since the previous meeting and outlining the plans and priorities for the current and following year;
- c) Receive the reviewed financial records for the previous financial year;
- d) Receive the budget for the current year and forecast for the next fiscal year;
- e) Give the Board of Directors the authority to appoint a reviewer for the current financial year. The auditor shall NOT be a member of the Branch board or executive;
- f) Consider any proposals for amendment of the Branch by-laws, notice of which was included in the notice for the meeting.
- g) Conduct elections for the Branch board;
- h) Conduct other such business as may be properly brought before the meeting.

Virtual “Meet and Chat”

Frauds and Scams

We looking forward to hosting another Health and Wellness speaker from COSCO on **February 18th, 2021 at 1:00pm via Zoom.**

The presentation concerns **Frauds and Scams**. We investigate the ways in which fraudsters take in people in order to relieve them of their money, their possessions and sometimes, their self-respect. Seniors are frequent victims and need to be aware of how to protect themselves.

Please register by 11 Feb 21, by emailing ILene at lmfika@shaw.ca who will then compile the official Zoom invitation. We look forward to reconnecting and seeing you then!



Virtual 'Meet and Chat':**Enhanced Road Assessment—Driving after 80**

We had a good turnout (*just one short of the quorum for a Branch Annual meeting!*) for the January 14th Zoom presentation by Joanne Bergman, an ICBC Road Safety and Community Co-ordinator. Joanne took us through what drivers should expect when there will be 80 candles on next year's cake: You will get a notice from the Superintendent of Motor Vehicles asking that you see your doctor and complete a Drivers Medical Exam form. You may then be required to take an "Enhanced Road Assessment". Joanne's presentation included a number of tips on what Driver Examiners are looking for when they administer the Enhanced Road Assessment test. Specifically, did you:

- Keep to the posted speed limits?
- Look into your blind spots before you changed lanes or turned?
- Apply the rules of the road for intersections?
- Make right and left turns correctly?
- Come to a complete stop at stop signs and red lights?
- Stay in your lane when turning?



(Of course you did, because you always do!)

There is lots of excellent information on-line at icbc.com. The Tuning-Up-for-Driver's study guide may be particularly useful in helping you feel prepared (although there is no written component to the ERA).

Thanks to Joanne for her knowledge and spending the time with us, and thanks to Rocky for making the connections to make this event happen!

'Meet and Chat' recordings

We have been recording the 'Meet and Chat' presentations and posting them under the "Events and Presentations" tab on the branch web-site www.nafrfraservalleywest.ca. If you go there, you will see we are still learning how to manage Zoom sessions, but cringe-worthy moments aside, there is some good information on 'downsizing' (maybe an on-line auction?), the relocation services available to Federal Retirees, 'Bounce Back' resources available from the Canadian Mental Health Association, and now the information from ICBC. Check it out!

Tim

Timothy Knight, who joined the Branch Board last year and recklessly allowed his name to stand for election to the position of Secretary, has had to resign from the Board in order to focus on health concerns. We enjoyed his brief tenure with us, his willingness to serve, his humour, his clear assessment of issues. We send Tim and his family our best wishes and we look forward to his return to the Board when he is able. (Ilene Fika will be doing double duty as Secretary until the Branch Annual Meeting.)

Volunteer Opportunities!

Reach 338—Our meeting with the MP for Surrey-Newton, Suha Dhaliwal, on February 21st, included a couple of members who reside in the constituency. This is a good thing. MPs pay attention to voters. Contact Ian if you would like to participate in meetings with your MP.

Join the board! We can have up to 12 directors. All positions are for a 1-year term. Try on a "director-at-large" position as a way to get to know us better! For more info, contact Ian or Bernd, who is chairing the Nominations Committee this year.

Your Branch board

President	Ian Spence	(604)753-7845	spence.ian@telus.net
Vice President	Ilene Fika	(604) 372-1109	imfika@shaw.ca
Secretary			
Treasurer	Thelma Graham	604 309-2538	graham_tm@msn.com
Director Health & Benefits (HBO)	Glen (Rocky) Rockwell		grockwell@shaw.ca
Director Membership Administration	Steve Sawchuk	604 574-2939	s.sawchuk@shaw.ca
Director Communications	Stuart Wilson	604 542-1560	s.k.wilson@shaw.ca
Director Membership Marketing	Joy Hennen	604 856-0310	joyJ@shaw.ca
Director Volunteer Engagement	Katherine Kettler	778 995-6136	kettlerk@gmail.com
Director	Sharon Riches	604 946-2434	slriches@me.com
Past president	Bernd Hirsekorn	604-531-0997	bh45jh@shaw.ca